

# VET CENTER

The Vet Centers provide readjustment counseling and outreach services to all veterans who served in any combat zone. Services are also available for their family members for military related issues. Veterans have earned these benefits through their service and all are provided at no cost to the veteran or family. Here are some frequently asked questions about the service.

## **What is readjustment counseling?**

Readjustment counseling is wide range of services provided to combat veterans in the effort to make a satisfying transition from military to civilian life. Services include individual counseling, group counseling, marital and family counseling, bereavement counseling, medical referrals, assistance in applying for VA Benefits, employment counseling, guidance and referral. alcohol/drug assessments. information and referral to community resources, military sexual trauma counseling & referral, outreach and community education.

## **Does VA have readjustment counseling for family members?**

Family members of combat veterans have been eligible for Vet Center readjustment counseling services for military related issues since 1979.

## **Am I eligible for Vet Center readjustment counseling?**

If you, or a family member, served in any combat zone and received a military campaign ribbon (Vietnam, Southwest Asia, OEF, OIF, etc.) you are eligible for Vet Center services.

## **Where is counseling offered?**

VA's readjustment counseling is provided at community-based Vet Centers located near veterans and their families. There is no cost for Vet Center readjustment counseling. Contact your nearest Vet Center through information provided in the Vet Center Directory or listings in your local blue pages. Vet Center staff is available toll free during normal business hours at 1-800-905-4675 (Eastern) and 1-866-496-8838 (Pacific).

Or

Use this link to locate the nearest Vet Center to you...

[http://www1.va.gov/directory/guide/vetcenter\\_flash.asp?isFlash=1](http://www1.va.gov/directory/guide/vetcenter_flash.asp?isFlash=1)

Vet Center  
601 South Cliff Avenue, Suit C  
Sioux Falls, SD 57104  
(605) 330-4552  
[jerry.muhs@med.va.gov](mailto:jerry.muhs@med.va.gov)

Vet Center  
621 6<sup>th</sup> Street Suite 101  
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